NMMU in big takkie drive for schools

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THREE biokinetics masters students from NMMU have collected more than 500 pairs of sports shoes to distribute to three disadvantaged schools as part of a research project.

Project supervisor and associate professor in the department, Cheryl Walter, said the initiative, which formed part of the Disease Activity and Schoolchildren’s Health (Dash) study, was aimed at promoting and teaching physical education in schools.

“We want to encourage the teaching of physical education in our disadvantaged schools,” Walter said.

The study, which is a joint research project in conjunction with the University of Basel in Switzerland, began in March.

Danielle Smith, who is one of the biokinetics masters students, said staff and students had approached the more advantaged schools in the Bay to collect the sports shoes and takkies.

The collection process, which began in May and ended in June, saw five prominent schools in the Bay take on the challenge as part of their 67 minutes for Mandela initiative.

Schools benefitting from the Dash shoe drive are Hillcrest Primary in Hillcrest, Sapphire Road Primary in Booyes Park and Elundini Primary in Motherwell.